

Forklift Operator

COURSE CODE : ZMT-HSE-116



COURSE OVERVIEW	The Forklift Operator Training Course is a one-day comprehensive program designed to equip participants with the essential knowledge, skills, and confidence to perform safe material handling. This course focuses on operational safety, forklift inspections, safe lifting techniques, and compliance with local legislation, ensuring workplace safety and efficiency.
TARGET AUDIENCE	This course is tailored for: <ul style="list-style-type: none"> Forklift operators holding a valid operating/driving license issued by RTA
COURSE OBJECTIVES	Participants will learn: <ul style="list-style-type: none"> Understand local legislation regarding forklift operations Identify types of hazards and implement control measures Safely lift, handle, and shift materials to reduce risks Conduct forklift inspections and maintain operational safety Follow proper parking rules and emergency procedures
COURSE CONTENTS	<ol style="list-style-type: none"> Introduction to Forklift Operations Roles and Responsibilities: <ul style="list-style-type: none"> Employer’s Responsibilities Employee’s Responsibilities Safe Actions and Conditions Vehicle and Pedestrian Segregation Emergency Shutdown Procedures Hazard Identification and Control Measures Parking Rules and Techniques Lifting and Load Handling Using a Banksman and Hand Signals Proper Use of Personal Protective Equipment (PPE) Practical Exercises: <ul style="list-style-type: none"> Pre-Start-Up Inspections Safe Lifting of Loads Proper Parking Techniques Practical Session for Hands-On Training
DELIVERY MODE	The course utilizes a combination of, Facilitator-led presentations Group discussions Skill-building exercises Practical role-playing activities.
DURATION	1 Day
ASSESSMENT CRITERIA	Participants will undergo both practical and theoretical assessments to evaluate their proficiency in forklift operations, hazard management, and compliance with safety standards.