

Work At Height Rescue

COURSE CODE : ZMT-HSE-134



COURSE OVERVIEW The Work at Height Rescue Training Course is a comprehensive, one-day program designed to provide participants with the knowledge, skills, and confidence required to conduct safe and effective rescues for workers operating at height. This includes the use of platforms such as ladders, scaffolding, and Mobile Elevated Work Platforms (MEWPs). The course equips participants to handle real-life emergencies, comply with regulations, and ensure workplace safety. TARGET AUDIENCE This course is tailored for: Line Managers Supervisors		
TARGET AUDIENCE This course is tailored for: Line Managers Supervisors Rescue Managers Emergency Responders Individual responsible for conducting or overseeing work at height rescue operations. COURSE OBJECTIVES Participants will learn: Identify hazards associated with working at height and implement measures to control or eliminate risks. Understand and recommend appropriate access, support methods, and Personal Protective Equipment (PPE). Gain practical knowledge of 4 standard rescue methods and effective use of rescue apparatus. Learn safe techniques for using ladders, scaffolds, and other platforms. Develop the skills to respond to suspension trauma and transport victims safely. COURSE CONTENTS Introduction Roles and Responsibilities: Employee's Responsibility Employee's Responsibility Understanding Work at Height Hazards Work at Height Regulations (Local Legislative Guidelines) Permit-to-Work (PTW) for Working at Height General Safety Requirements for Height Work Rescue Methods Overview:	COURSE OVERVIEW	designed to provide participants with the knowledge, skills, and confidence required to conduct safe and effective rescues for workers operating at height. This includes the use of platforms such as ladders, scaffolding, and Mobile Elevated Work Platforms (MEWPs). The course equips participants to handle real-life emergencies,
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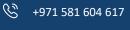
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• Executing rescue operations using proper techniques and apparatus.



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